

FIDEL'S

**Mexican Food
&
Cocktails**



**A San Diego Tradition
For Over 45 Years**

 **APPETIZERS** 

La Pachanga (chicken or beef) _____	10.90
Favorites consisting of: flautas, mini tacos, 1 quesadilla, mini chimichanga, surrounding a bed of refried beans. Served with sour cream and guacamole.	
Nachos _____	8.30
Chips and cheese on a bed of refried beans, topped with tomatoes, onions and jalapeños. Served with sour cream and guacamole.	
With chicken or beef _____	10.30
Guacamole Dip _____	7.90
Chips and cheese served with guacamole.	
Bean Dip _____	6.30
Chips and cheese on a bed of refried beans.	
With chorizo _____	6.90
Chips & Cheese _____	5.55
Chips topped with melted Monterey Jack cheese.	
Cheese Crisp _____	4.25
With tomato and green onions _____	4.60
Flautas (chicken or beef) _____	6.90
(3) Crispy rolled corn or flour tortilla tacos, topped with cheese, sour cream, guacamole, lettuce and tomatoes.	
Quesadilla _____	4.25
Soft flour tortilla filled with Monterey Jack cheese.	
With tomato and green onions _____	4.60
Corn Quesadillas _____	6.70
Two soft corn tortillas filled with Monterey Jack cheese and green chiles. Served with a side of salsa fresca.	
Queso Fundido _____	8.95
Mexican style cheese fondue topped with chorizo. Served with frijoles de la olla, salsa fresca, a slice of lime and tortillas.	
Jalapeño Poppers _____	5.05
Four deep-fried, lightly breaded jalapeño peppers, filled with your choice of cheddar or cream cheese.	

NO SUBSTITUTIONS

SOUPS

(Served with Tortillas)

	Small	Large
Chicken and Rice with Cilantro, Onions & Avocado _____	5.15	6.75
Albondigas (Mexican meat balls) _____	5.15	6.75
Fideo (angel hair pasta) _____	5.15	6.75
Menudo (tripe & hominy) _____	5.15	6.75
Chicken Tortilla _____	5.15	6.75

LUNCHEON SPECIAL

Monday through Friday, 11:00 a.m. to 3:00 p.m.
Choose one of the following:

- chicken, beef or pork burrito
- cheese, beef, pork or chicken enchilada
- bean, beef, pork or chicken tostada
- beef, chicken or guacamole taco

PLUS

rice & beans

AND

One 12 oz. Well margarita, one draft beer or soft drink.

FOR ONLY _____ **10.05**

EARLY BIRD SPECIAL

Monday - Friday, 5:00 p. m. - 6:30 p.m.

Create your own two item combination plate from the following:

Taco - Tostada - Burrito - Enchilada
(chicken, shredded beef, pork, cheese or bean)

Chile Relleno (cheese only)

Tamale (pork only)

Made with carne or chicken asada, shrimp, fish or guacamole add \$2.15 per item. Served with rice and beans (re-fried or frijoles de la olla). _____

11.55

ESPECIALES DE FIDEL'S

Tostada Suprema (chicken, shredded beef, or pork) _____ Deep-fried flour tortilla covered with refried beans and Monterey Jack cheese. Topped with fresh lettuce, tomatoes, black olives, green onions, sour cream, guacamole and chile cheese.	11.45
Half Tostada Suprema _____	9.40
Chimichanga (chicken or beef) _____ Deep-fried flour tortilla burrito, topped with sour cream, guacamole and salsa fresca. Served with rice and beans.	9.80
Super Quesadilla (chicken, beef or pork) _____ Soft flour tortilla filled with Monterey Jack cheese, fresh tomatoes, green onions and topped with lettuce, sour cream and guacamole. Served with rice and beans.	11.45
Torta (chicken, beef, carne asada, milanese, machaca or chorizo con huevos) _____ Fresh Mexican roll (Telera) filled with beans, lettuce, tomato, onion and guacamole. Served with steak fries.	9.40

NO SUBSTITUTIONS

ESPECIALES DE FIDEL'S

- Carne or Chicken Asada Taco** _____ **9.10**
Soft corn tortilla filled with seasoned carne or chicken asada, lettuce, cilantro and guacamole. Served with salsa fresca, rice and beans.
- Carne or Chicken Asada Burrito** _____ **9.80**
Soft flour tortilla filled with seasoned carne or chicken asada, topped with Monterey Jack cheese. Served with a side of guacamole, salsa fresca, rice and beans.
- Sopes (chicken, beef, pork or chorizo)** _____ **10.25**
Handmade, thick corn tortillas, fried soft, then topped with beans, lettuce, tomatoes, sour cream and guacamole.
- Chile Relleno** _____ **10.25**
A whole green chile, filled with Monterey Jack cheese dipped in egg batter and lightly fried. Topped with sliced bell peppers, tomatoes, onions, and sauce. Served with rice and beans.
- Milanesa** _____ **11.45**
Skinless, boneless breast of chicken, mildly seasoned, lightly breaded and deep fried. Choice of steak fries or beans and rice. Served with Mexican cabbage salad and salsa fresca.
- Crab Burrito** _____ **11.15**
Soft flour tortilla filled with 100% crab meat sautéed with tomatoes and onions, topped with Monterey Jack cheese and a spicy tomatillo sauce. Served with a scoop of sour cream, rice and beans.
- Crab Enchilada** _____ **10.25**
Soft corn tortilla filled with 100% crab meat sautéed with tomatoes and onions, topped with Monterey Jack cheese and a spicy tomatillo sauce. Served with a scoop of sour cream, rice and beans.
- Chicken Salad** _____ **9.95**
Fresh red and green cabbage tossed with carrots, tomatoes, black olives and sliced breast of chicken in a vinaigrette dressing. Topped with avocado slices and chile cheese.
- Vegetable Casserole** _____ **8.95**
Fresh steamed broccoli, cauliflower and potatoes served on a bed of white rice. Topped with Monterey Jack cheese, marinated tomatoes and onions.
- With chicken** _____ **10.90**

NO SUBSTITUTIONS

TRADICIONALES DE FIDEL'S

Carne Asada _____	15.50
Thinly sliced seasoned steak, cooked with sautéed onions, bell peppers and tomatoes. Served with guacamole, salsa fresca and rice, beans or frijoles de la olla and tortillas.	
Chicken Asada _____	15.50
Thinly sliced seasoned breast of boneless, skinless chicken. Cooked with marinated onions, bell peppers and tomatoes. Served with guacamole, salsa fresca and rice, beans or frijoles de la olla and tortillas.	
Carnitas _____	12.55
Tender chunks of lean pork, deep fried, served with frijoles de la olla, guacamole, cilantro, onions, salsa cruda and tortillas.	
Machaca (chicken, shredded beef or pork) _____	12.55
Choice of above scrambled with eggs, bell peppers, tomatoes, onions and spices. Served with rice, beans or frijoles de la olla and tortillas.	
Huevos Rancheros _____	11.95
Mildly seasoned sauce with green chiles, tomatoes and onions served over three eggs. Includes rice, beans or frijoles de la olla and your choice of tortillas.	
Chorizo con Huevos _____	11.95
Spicy Mexican sausage finely ground, scrambled with eggs, onions and tomatoes. Served with rice, beans or frijoles de la olla and tortillas.	
Pescado Ranchero _____	15.50
Grilled mahi mahi, topped with semi-spicy Ranchero sauce. Served with rice, beans or frijoles de la olla and tortillas.	
Fajitas (choice of beef, chicken, mixed or shrimp) _____	15.50
Marinated, tender strips of beef or chicken breast, grilled with green onions and yellow chiles. Topped with sliced avocado and tomatoes. Served with rice, beans or frijoles de la olla and tortillas.	
The following dinners include rice, beans, or frijoles de la olla and tortillas. Also, your choice of shredded beef, pork or or chicken. With carne, chicken asada or shrimp add \$2.15.	
Nopales _____	12.55
Nopal cactus prepared in a spicy tomato and chile serrano sauce, topped with Monterey Jack cheese.	
Calabacitas _____	12.55
Sliced zucchini, mildly seasoned in a tomato, onion, and green chile sauce. Topped with Monterey Jack cheese.	
Chile Verde _____	12.55
Mildly spicy sauce made with serrano and green chiles, tomatoes and onions.	
Chile Colorado _____	12.55
Spicy red sauce made from California and pascilla chiles.	

NO SUBSTITUTIONS

COMBINACIONES

Create your own two item combination plate from the following:

- Taco - Tostada - Burrito - Enchilada**
(chicken, shredded beef, pork, cheese or bean)
- Chile Relleno** (cheese only)
- Tamale** (pork only)

Made with carne or chicken asada, shrimp, fish or guacamole
add \$2.15 per item. Served with rice and beans (re-fried or
frijoles de la olla). _____ **12.80**

NO SUBSTITUTIONS

SIDE ORDERS

Salsa fresca _____	1.10
Serrano chilies _____	1.10
Jalapeños chilies _____	1.10
Monterey Jack cheese _____	1.10
Sauce (burrito, enchilada, spicy tomatillo, chile verde or chile colorado) _____	1.10
Flour tortillas (2) / Corn tortillas (3) _____	1.00
Refried PintoBeans or Black Beans _____	2.20
Frijoles de la olla (whole vegetarian pintos) _____	2.20
Rice _____	2.20
Chicken / Shredded beef / Pork _____	2.50
French fries _____	2.45
Side of guacamole _____	2.70
Side of sour cream _____	2.45
Avocado slices _____	2.70
Scoop of guacamole _____	1.85
Scoop of sour cream _____	1.20

NO SUBSTITUTIONS

 **A-LA CARTES** 

Tacos:

Chicken, Shredded Beef, Pork or Guacamole	4.90
Carne or Chicken Asada	5.50
Carnitas	5.50
Fish (Mahi Mahi)	5.50
Shrimp (grilled or deep fried)	5.90

Enchiladas: (enchilada-red or spicy tomatillo sauce-green)

Chicken	5.50
Shredded beef	5.50
Pork	5.50
Cheese	5.50

Burritos: (burrito, spicy tomatillo, chile verde or chile colorado sauce)

Chicken	6.10
Shredded beef	6.10
Pork or Carnitas	6.10
Mixed (one of the above meats with beans)	6.10
Carne or Chicken Asada	6.40
Bean	4.65
Machaca	6.10
Fish (Mahi Mahi) grilled or deep fried	6.30
Bean & Rice (refried beans or frijoles de la olla)	5.50
Shrimp (grilled or deep fried)	6.85

Tostadas: (topped with lettuce, tomatoes, black olives, green onion and cheese)

Chicken	5.50
Shredded beef	5.50
Pork	5.50
Mixed (one of the above meats with beans)	5.50
Guacamole	5.50
Bean	4.65

Chile Relleno 6.10

Tamale (pork only with tamale sauce) 6.10

Hamburger or Turkey Burger (with fries) 5.50

Cheeseburger (with fries) 6.10

Mexican Cabbage Salad Small 3.95
Large 5.15

NO SUBSTITUTIONS



DESSERTS

Mexican Hot Chocolate _____	3.40
Bunuelos (deep-fried flour tortilla sprinkled with cinnamon and sugar) _____	4.05
Flan (carmel custard) _____	4.40
Cheesecake (please ask server for selected varieties) _____	4.40
Carrot Cake _____	4.40
White Chocolate Raspberry Swirl Cheesecake _____	4.40
Deep Fried Ice Cream _____	4.95



BEVERAGES

Coffee _____	2.90
Iced Tea _____	2.90
Fruit Juices _____	3.15
Bottled Water _____	3.15
Soft Drinks _____	2.90



CANTINA SELECTIONS

(SEE MENU)

Fidel's Famous Margaritas

Coffee Drinks

Bottled & Draft Beer

Wine Selection

NO SUBSTITUTIONS